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Review Article



Laboratory Diagnostic Procedures for Human Brucellosis: An Overview of Existing Approaches

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Abstract

Context: Diagnosis of human brucellosis still challenges clinicians and scientists with several considerable aspects, particularly in endemic countries. The current study aimed at reviewing laboratory tests in the diagnosis of human brucellosis.

Evidence Acquisition: A literature search was conducted in PubMed, Scopus, Thompson Reuters, and Mesh databases using keywords for articles published until December 2018. Seventy studies were selected for data collection.

Results: The current inclusive review included information about the currently used advanced diagnostic tests to confirm the detection of human brucellosis.

Conclusions: The article reviewed the methods for the diagnosis of human brucellosis and summarized developments for the future

Keywords: Brucellosis, Diagnosis, Molecular Techniques

1. Context

Brucellosis is a zoonotic disease, endemic in many parts of the world especially the Middle East, South and Central Asia, Mediterranean region, Europe, North and East Africa, and Latin America with over half a million new cases annually (1-3). Clinical management of brucellosis is one of the most challenging obstacles due to a high rate of failure in treatment and subsequent relapse (4, 5). Definitive diagnosis of brucellosis needs comprehensive evaluation of the living conditions of the patient, medical history, clinical examinations, and careful interpretation of laboratory test results and radiologic findings (6, 7). Indeed, diagnosis of brucellosis is frequently delayed and often missed especially in the developing countries (8). The gold standard for diagnosis still is bacterial culture, which often fails. Thus, diagnosis relies on the combination of several methods (9). The present study aimed at reviewing laboratory tests in the diagnosis of brucellosis.

2. Evidence Acquisition

In the current review, data were retrieved by search in MEDLINE (via PubMed), Web of Science, Embase, and Cochrane databases, as well as references of the related articles. The following search keywords were used with the help of Boolean operators (AND or OR): *Brucella*, brucellosis, human, and diagnosis. Articles published from 1953 to December 2018 were included. Inclusion criterion was articles using the following techniques and/or methods: direct isolation and identification, conventional cultural examinations, lysis-centrifugation, blood clot culture, automated and semi-automated techniques, serological diagnostic tests, and molecular assays. After screening the abstracts in terms of applied techniques and methods, information was extracted from selected articles in terms of microbiological, serological, and molecular techniques.

3. Results

Diagnostic approaches for human brucellosis are presented in Figure 1. Comparison of different diagnostic

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methods for human brucellosis is described in Table 1.

3.1. Direct Isolation and Identification

The isolation of *Brucella* spp. is considered as the gold standard technique for the diagnosis of brucellosis. The culture of Brucella is specific and allows definitive identification and typing of the isolates of Brucella spp. that is particularly valuable for epidemiological investigations (10). Sensitivity of the Brucella spp. isolation is variable depending on the culture method, type of clinical sample, stage of the disease, and history of antibiotic use (11, 12). The risk of acquiring an infection from laboratory ranges 40% to 100% and depends on various factors; e. g., exposures due to laboratory accidents and aerosolization of microorganisms during routine identification activities (13). The ability to direct isolation and culture of Brucella spp. can vary between acute and chronic manifestations. Although 50% - 80% of acute cases yield positive blood cultures, only 5% of chronic cases are culture-positive (12). In order to increase the sensitivity, multiple blood sampling should be conducted in the acute phase of brucellosis (14). The frequency of bacteremia episodes is another factor, which should be considered in terms of the time, frequency, and volume of blood collected for culturing. Use of bone marrow aspirate is more sensitive in patients who underwent antibiotic therapy, as well as the ones with a chronic form of brucellosis (15).

3.2. Conventional Culture Examinations

There are numerous available culture media in solid, broth, or biphasic forms for growing *Brucella* spp. isolated. Biphasic media such as the Castaneda blood culture bottles, SEPTI-CHEK™ blood culture (BD BBL®), and Hemoline performance diphasic medium (bioMerieux®) can be used to avoid subculture (15, 16). Commercially available biochemical tests such as API 20 NE® (bioMérieux®) are particularly useful for the rapid and easy identification.

3.3. Lysis-Centrifugation

LC technique is used to concentrate intracellular *Brucella* spp. in blood samples and consequently, increase the test sensitivity (17). The sensitivity, specificity, and positive and negative predictive values of the LC method are 100%, 87.8%, 81.6%, and 100%, respectively compared with those of the Castañeda method (17).

3.4. Blood Clot Culture

Clot culture is a more suitable choice when a second blood sample is not available. Since clot culture techniques are sensitive, simple, and inexpensive and yield earlier results, they can be settled in the areas where automated systems are far from reach. The overall mean time-to-detection of clot culture technique is approximately four days less than that of the conventional methods (18).

3.5. Automated and Semi-Automated Techniques

BACTEC™ (Becton Dickinson Diagnostic Systems®), and BacT/ALERT™ (bioMérieux®) are two frequently used systems in many laboratories that continuously monitor the growth of microorganisms by labeled CO₂. The BACTEC™ Myco/F-Lytic system (Becton Dickinson Diagnostic Systems®) is also developed to improve the recovery rate of intracellular pathogens such as *Brucella* spp. by combined lytic activity and automation (19). Recently, the Micronaut™ semi-automated biotyping System (Merlin Diagnostika®), which facilitates the metabolization of various substrates by bacterial cells, was used for the identification of *Brucella* species and biovars (20).

3.6. Serological Diagnostic Tests

The serological diagnosis of brucellosis commonly relies on the confirmation of the rising titters of Brucellaspecific antibodies. This is the indirect proof of infection. Serological assays are used for the primary diagnosis of infection, as well as treatment follow-up (21) (Table 1). Immunoglobulin (Ig) M isotype antibodies against the lipopolysaccharide (LPS) of Brucella spp. are the first immunoglobulins emerge after infection and are the predominant antibodies during the acute phase of the disease (22). The presence of specific IgM is considered suggestive of acute or recent infection. But, IgM antibody detection in the absence of IgG may lead to a misdiagnosis of acute brucellosis and may be a source of controversy (23, 24). However, the early IgM response might not be seen in patients infected with slow-onset strains, as well as in those appeared late in the course of the disease, or in those with relapses.

The titer of antibody should decline after an effective treatment. Otherwise, the patient should be examined for the possibility of chronic focal disease or relapse. Furthermore, the significant titers of antibody may persist for several months or even years in patients with the history of brucellosis. False positives in the determination of anti-*Brucella* IgM may be due to the presence of cross-reactions and rheumatoid factor. It may be difficult to distinguish

Method	Advantage	Disadvantage				
Conventional culture	Gold standard and specificity	Time consuming, insensitive or low sensitive, and posing a risk for laboratory staff				
BACTEC TM and BacT/ALERT TM	Rapid, sensitive, and limiting exposure to infectious agents	Costly, and need of subsequent identification				
Serum agglutination test	Safe, inexpensive, and appropriate for primary screening	Cross-reactivity with other microorganisms, false-negative results in the early stages of infection, an prozone phenomenon				
2-Mercaptoethano	A confirmatory test that allows selective quantification of IgG anti-Brucella	Toxicity of mercaptoethanol, the possibility of IgG degradation by the 2-ME, which may lead to false negative results				
Coombs antiglobulin agglutination test	Sensitive for relapsing and chronic brucellosis	Labor-intensive and time consuming				
Rose Bengal plate agglutination test	Rapid for primary screening, simple, and inexpensive	Cross-reactivity with the antibodies of other microorganisms, false-negative results in the early stages of infection, and prozone phenomenon				
Complement fixation test	Sensitive and specific	Complexity, high prices of reagents, need of trained laboratory technicians, and expensive equipment				
ELISA	Highly sensitive and specific, rapid, simple, and capable of distinguishing between acute and chronic stages	Cross-reactivity				
Fluorescence polarization immunoassay	Highly sensitive and specific, and capable of distinguishing between acute and chronic stages	Costly, need of trained laboratory technicians, and expensive equipment				
Lateral flow assay	Easy, rapid, sensitive, and specific	Expensive and possibility of cross-reactivity				
PCR	Rapid and accurate; can be performed on blood, serum, CSF, and other clinical samples; can yield positive results as early as 10 days after inoculation	Expensive equipment, genus specific Brucladder has low detection limit, and works only on pure cultures				
Real-time PCR	Highly sensitive, specific, and rapid; can be performed on blood, serum, CSF and other clinical samples	Expensive equipment				
MALDI-TOF MS	Highly sensitive and specific; can be performed on blood, serum, CSF, and other clinical samples	Expensive equipment				
Immunoblot	Sensitive and specific	Cross-reactivity				
NGS	Specific technique	Expensive equipment; need of software and complicated analysis				

between active infection and simply exposure to the bacteria without clinical relevance in endemic regions by serological methods (25, 26).

3.7. Fluorescence Polarization Immunoassay

Fluorescence polarization immunoassay utilizes molecular rotation, measuring antigen-antibody binding without the need for separation procedures. It requires one-step serum dilution, assessment of background fluorescence, addition of the labelled antigen, and finally measurement of antigen-antibody interaction (27). The accuracy of the FPA is equal or superior to other serological assays such as the complement fixation test (CFT) or the enzyme-linked immunosorbent assay (ELISA). The specificity and sensitivity of FPA for culture-confirmed human brucellosis is 98% and 96%, respectively (12, 28).

3.8. Immunochromatographic Lateral Flow Assay

Immunochromatographic lateral flow assay is a simplified version of the ELISA for the detection of *Brucella*-specific IgM and IgG antibodies (22). Immunochromatographic lateral flow assay is capable of identifying acute, persistent, and relapsing infections. It can also be used to monitor treatment. The sensitivity and specificity of ILFA to detect *Brucella* IgM and IgG in comparison with ELISA or CFT reported 96% and 99%, respectively (22). Therefore, ILFA for both *Brucella* IGM and IgG antibodies is a suitable method for endemic areas with limited resources (29).

3.9. Molecular Assays

Molecular methods become valuable tools for clinical diagnosis and public health surveillance purposes, as well as identification of species and subspecies (30). These techniques can be more sensitive than blood culture and more specific than serologic tests. Molecular assays can be

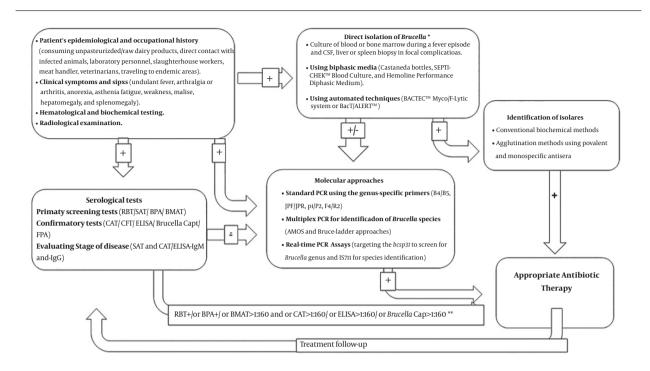


Figure 1. Diagnostic approaches for human brucellosis. * Direct isolation of Brucella needs BSL-3 laboratory capability. ** In endemic areas, high titers (cutoff points) may be considered as a positive reaction. BMAT, Brucella microagglutination test; BPA, buffered plate antigen test; CAT, Coombs antiglobulin agglutination test; CFT, complement fixation test; CSF, cerebrospinal fluid; ELISA, enzyme-linked immunosorbent assay; FPA, fluorescence polarization immunoassay; SAT, serum agglutination tube test.

performed on various clinical samples including serum, whole blood, cerebrospinal fluid (CSF), synovial or pleural fluid, urine, and even tissue specimens. Furthermore, they can supplement phenotypic tests (31, 32). However, direct detection of *Brucella* DNA in patients suspected of brucellosis may be a challenge due to the small number of circulating bacteria in the blood, especially in chronic courses or after antibiotic therapy. Moreover, the detection of *Brucella* DNA cannot demonstrate an active infection with viable pathogens, and thus, may not efficiently support the therapeutic decision making. The type of clinical sample, the DNA extraction method, the specific gene that is tracked, and the employed technique are factors that can influence the efficiency of molecular assays (33).

3.10. Standard Polymerase Chain Reaction

PCR can be performed to amplify and detect *Brucella* DNA in clinical samples or pure cultures. Previously, Navarro et al. described several advantages of using serum samples for nucleic acid amplification (34). Several single-step PCR assays are developed to amplify and detect specific genomic sequences of the genus, species, or even biotypes of *Brucella*. Primer pairs used to detect *Brucella* at

the genus-specific level include the primers for sequences encoding BCSP31 (B4/B5), 16SrRNA (F4/R2), 16S - 23S intergenic transcribed spacers (16S - 23S ITS) (Bru ITS-S/Bru ITS-A), 16S - 23S rDNA interspace (ITS66/ITS279), IS711 (IS313/IS639), outer membrane proteins (*omp2b*, *omp2a* and *omp31*), *per* (*bruc1/bruc5*), and proteins of the *omp25/omp31* family of *Brucella* (35-38). Specificity and sensitivity of these techniques vary depending on the sets of primers, type of clinical sample, and presence of human genomic DNA (Table 2).

B4/B5 primers targeting *bcsp31* are often used for the detection of eukaryotic brucellosis in clinical settings. This primer pair has the highest sensitivity (> 98%) in testing buffy coat or whole blood samples (40). Four primer pairs including B4/B5, JPF/JPR, P1/P2, 26A/26B, and F4/R2 can be applied in four distinct PCR assays to detect *B. abortus*, *B. melitensis*, *B. suis*, and *B. canis* at the genus level. These assays are ideal for rapid confirmation of human brucellosis (41). Two multiplex PCR assays, called AMOS and Bruceladder, are standardized and used to detect *Brucella* strains of animal or human origin (42). A multiplex PCR assay was described by Kumar et al. for the simultaneous detection of *B. melitensis*, *B. abortus*, and *B. suis* (43). Researchers re-

Table 2. Comparison of Different PCR Techniques for the Identification of Human Brucellosis

PCR Technique	Primer Name	Primer Sequence	Amplicon Size, bp	Annealing Temp, °C	No. of cycles	Specificity, %	Sensitivity, %	PPN,%	NPN, %	Detection Limit, fg	Reference
bcsp31 ^a	B4	TGGCTCGGTTGCCAATATCAA	223	60	40	Bc: 100; Wb: 100; S: 100	Bc: 100; Wb: 100; S: 97	Bc: 100; Wb: 100; S: 100	Bc: 100; Wb: 98; S: 94.3	10 - 100	(39)
	B5	CGCGCTTGCCTTTCAGGTCTG									
omp2 ^b	JPF	GCGCTCAGGCTGCCGACGCAA	193	58	35	Bc: 100; Wb: 100; S: 100	Bc: 100; Wb: 98; S: 95.5	Bc: 100; Wb: 100; S: 100	Bc: 100; Wb: 96.1; S: 91.7	25 - 250	(39)
	JPR	ACCAGCCATTGCGGTCGGTA									
omp2	P1	TGGAGGTCAGAAATGAAC	282	50	30	Bc: 100; Wb: 100; S: 100	Bc: 100; Wb: 99; S: 97	Bc: 100; Wb: 100; S: 100	Bc: 100; Wb: 98; S: 94.3	12.5 - 125	(39)
	P2	GAGTGCGAAACGAGCGC									
bp26 ^C	26A	GCCCCTGACATAACCCGCTT	1029	58	30	Bc: 100; Wb: 100; S: 100	Bc: 100; Wb: 98.5; S: 96.5	Bc: 100; Wb: 100; S: 100	Bc: 100; Wb: 97.1; S: 93.5	20 - 200	(39)
	26B	GAGCGTGACATTTGCCGATA									
16srRNA gene	F4	TCGAGCGCCCGCAAGGGG	905	54	35	Bc: - ^d ; Wb: 100; S: -	Bc: -; Wb: 53.1; S: -	Bc: -; Wb: 53.1; S: -	Bc: -; Wb: 100; S: -	210000	(38)
	R2	AACCATAGTGTCTCCACTAA									

ported various procedures that can detect and distinguish Brucella spp. in human serum and blood samples via a simple and robust multiplex PCR approach (44-46).

3.11. Other PCR-Based Approaches

Several nested and semi-nested PCR assays were developed to detect Brucella spp. in human blood samples (47). A nested-PCR assay was described for the diagnosis of relapse or chronic brucellosis in clinical practice (48). Both sensitivity and specificity was 100%. A semi-nested PCR assay for bcsp31 and IS6501 was evaluated on whole blood samples (49). However, these assays may increase the probability for primer-dimer formation and/or nonspecific amplification products. Moreover, the reported nested-PCRs can only detect a set of Brucella strains, but not single species. A novel loop-mediated isothermal amplification assay (LAMP) was developed to detect Brucella spp. DNA in human blood samples. The LAMP assay, based on the sequence of the highly repetitive omp25 gene, can detect 9 femtogram (fg)/ μ L of *Brucella* DNA with a sensitivity of 10 times higher than that of the nested-PCR (50).

Considering its advantages as simple operation, rapid amplification, and easy detection, the LAMP has potential applications for clinical diagnosis besides surveillance of human brucellosis in the developing countries without requiring sophisticated equipment or skilled personnel. An inexpensive and simple device such as a water bath or a heat block that can provide a constant temperature of 63°C is sufficient and, unlike conventional PCR result, it can be readout by the naked eye without the need for electrophoretic analysis (29). An arbitrarily primed-PCR (AP-PCR) to detect and identify 25 different Brucella strains is also introduced (51). Some PCR-restriction fragment

length polymorphism (PCR-RFLP) techniques are successfully used to distinguish Brucella species and various biovars.

Restriction maps of omp2a and omp2b genes showed a greater diversity among and within Brucella spp. than other genes investigated so far. PCR-RFLP assays may serve as tools for diagnostic and epidemiological surveillance purposes (52). Furthermore, a PCR-enzyme immunoassay (EIA) was used by Vrioni for the diagnosis of human brucellosis directly from peripheral blood. Following the amplification of the bcsp31 target sequence, the amplified product was detected in a hybrid well-microtiter plate by hybridization analysis. The diagnostic specificity of the PCR-EIA for both whole blood and serum specimens was 100%, whereas the sensitivity was 81.5% for whole blood specimens and 79% for serum specimens. Vrioni et al. recommend that the detection of Brucella DNA in whole blood and serum specimens by PCR-EIA, as a sensitive and specific method, can help the rapid and accurate diagnosis of acute brucellosis (53)

3.12. Real-Time PCR Assay

The real-time PCR technique is more sensitive, specific, reproducible, and rapid than the conventional PCR. The quantitative real-time (qRT)-PCR allows both detection and quantification of the PCR product in real-time, while it is synthesized (54). Real-time PCR can be used for the rapid diagnosis of chronic, but serologically positive, brucellosis and acute brucellosis when serum and blood samples of known clinical presentations are investigated (40). These assays are developed targeting the 16S - 23S ITS region, IS711 element, and omp25, omp31, and bcsp31 genes (55-58). The bcsp31 gene target can be recommended for the detection

Abbreviations: Bc, buffy coat; NPN, negative predictive number; PPN, positive predictive number; S, serum; Wb, whole blood.

^a Encoding an immunogenic 31-kDa outer membrane protein, which is highly conserved with each known Brucella species and biovar (except B. ovis).

^b Encoding a 26-kDa outer membrane protein of *Brucella* spp.

Encoding a Brucella immunodominant antigen, named BP26, CP28, or Omp28 protein

of bacteria at the genus level. Species-specific identification confirming the primary diagnosis by a second gene target such as IS711 can be done (59, 60). Several multiplex real-time PCR approaches are developed for the simultaneous detection of *Brucella* spp. and *Mycobacterium tuberculosis* complex (MTC). These techniques amplify the *bcsp31*, IS711, and *omp2a* genes for the detection of *Brucella* spp. and target the *senX3-regX3*, IS6110, and *cfp31* genes for the identification of the MTC (31, 32). Sanjuan-Jimenez et al. evaluated three molecular targets (IS711, *bcsp31*, and *omp2a*) of *Brucella* and three targets of MTC (IS6110, *cfp31*, and *senX3-regX3*) for their simultaneous detection by a multiplex real-time PCR (61).

3.13. Single Nucleotide Polymorphisms Typing

Some investigators previously described unique realtime PCR assays that can characterize *Brucella* isolates to the species level. They used single nucleotide polymorphisms (SNPs) multilocus sequencing (62). Foster et al. applied SNPs to housekeeping genes and introduced gene sequences that can identify the seven main *Brucella* species using the TaqMan assays with contained probes specific to each allele. The assays can detect DNA concentrations of less than 10 fg/mL that is their detection limit (63). However, finding SNPs that can separate *B. canis* from *B. suis* is challenging due to a high degree of sequence homology that indicates a recent split between these species (63).

3.14. Multilocus Variable Number of Tandem Repeats Analysis

PCR methods can detect *Brucella* spp. based on the finding of specific sequences, but limits of these techniques, for example, failure to differentiate among biovars within a species, encouraged the development of other molecular typing methods such as multilocus variable number of tandem repeats analysis (MLVA). Multilocus variable number of tandem repeats analysis measures the number of tandem repeats at a specified locus and can discriminate between isolates within a certain *Brucella* biovar. The MLVA is a quick and efficient method for typing and clustering *Brucella* strains. Moreover, multilocus sequence typing (MLST), sequencing of multiple genetic loci in bacteria, is increasingly accepted as a mean for the classification of microbial populations (64).

3.15. Matrix-Assisted Laser Desorption Ionization

The time of flight mass spectrometry (MALDI-TOF MS) is used as a fast and reliable technique for bacterial identification based on protein profile characteristics of microorganisms (65). MALDI-TOF MS is a reliable test for direct detection of *Brucella* to the genus level from blood culture

bottles and culture plates. However, *Brucella* has not been yet incorporated into some of the main available databases due to its potential bioterrorism application (66). Another limitation of MALDI-TOF MS to detect *Brucella* is the need for pure cultures, which pose health hazards to laboratory personnel. Mesureur et al. described a simple and safe method for inactivation of *Brucella* isolates prior to their analysis by MALDI-TOF MS (67).

3.16. Novel Technologies for the Serologic Diagnosis of Brucellosis

The immunoblot-based assay showed several immunodominant proteins of *B. abortus* and *B. melitensis* in a previous study; this technique can be used to identify new candidate antigens for the serologic detection of brucellosis (68). Immunoproteomics of *B. abortus* RB51 (a mutant strain lacking the LPS portion) revealed several candidate antigens. The highly immunogenic proteins may be useful as alternative antigens to avoid cross-reactivity (69). Immunoproteomics of *B. abortus* also showed differential antibody profiles for *B. abortus* strain, S19-vaccinated and naturally infected cattle, and differentiation between vaccinated cattle and those animals infected with field strains (70).

4. Conclusions

Laboratory diagnosis of brucellosis still relies upon culture of bacteria followed by various biochemical and serological test results. Nucleic acid tests such as PCR are the novel-generation technologies that have higher sensitivity than blood cultures and better specificity than serologic tests. Molecular techniques such as PCR facilitate rapid, sensitive, and specific detection. MLVA is helpful for following an infection. Finally, it should be emphasized that novel technologies such as microfluidic lab-on-chip and next-generation sequencing (NGS) can provide a rapid, accurate, and safe diagnosis of brucellosis, especially in endemic countries. Future research on immunoproteomics and the selection of highly immunogenic protein spots can be useful as alternative antigens for the diagnosis of brucellosis.

Footnotes

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